

Junior Preschool Schedule

7:00 – 8:00 am	Individual Exploration & Table Activities (Combined in main room)
8:00 – 8:15 am	Morning Snack
8:15 – 9:45 am	Outdoor Play · Gross Motor Activities Potty Break · Wash Hands
9:45 – 10:00 am	Music and Movement <ul style="list-style-type: none"> • Songs · Instruments · Dance · Parachute · Bean Bags · Scarves · Games
10:00 – 10:15 am	Enrichment Circle Time <ul style="list-style-type: none"> • Calendar · Weather • Letter · Number · Color · Shape · Emotion of the week • Story · Interactive Felt Board
10:15 – 11:00 am	Individual Exploration · Art · Creation · Imagination · Play Clean-up · Potty · Diaper
11:00 – 11:15 am	Story Discovery
11:15 – 11:45 pm	Lunch Clean-up · Potty · Diaper Change · Wash Hands
11:45 – 2:30 pm	Rest Time Clean-up · Potty · Diaper Change · Wash Hands
2:30 – 3:15 pm	Child Directed Table Activities <ul style="list-style-type: none"> • Puzzles · Patterns · Games • Manipulative Discovery
3:15 – 3:30 pm	Story Discovery
3:30 – 3:45 pm	Afternoon Snack
3:45 – 4:30 pm	Individual Exploration · Art · Creation · Imagination Project Clean-up · Potty · Diaper Change · Wash Hands
4:30 – 5:15 pm	Outdoor Play · Gross Motor Activities
5:15 – 5:30 pm	Child Directed Table Activities (Combined in main room)