

## Preschool Program Schedule

7:00 - 8:15 am Individual Exploration Potty Break · Wash Hands 8:15 - 8:45 am Morning Snack 8:45 - 9:45 am Outdoor Play · Gross Motor  $Individual\ Exploration \cdot Art \cdot Creation \cdot Imagination \cdot Play$ 9:45 - 10:30 am Potty Break · Wash Hands 10:30 - 10:50 am **Enrichment Circle Time** Calendar · Weather Letter · Number · Color · Shape · Emotion of the week Sign Language/Spanish Words of the Week Story · Interactive Felt Board · Sharing 10:50 - 11:20 am **Small Group Activities** Fine Motor Skills (Writing · Cutting · Tracing) Nature · Science · Math Teacher Directed Art · Projects Sensory Exploration 11:20 - 11:40 am Music and Movement Studio Songs · Instruments · Dance · Parachute · Bean Bags · Scarves · Games 11:40 - 11:50 pm Story Discovery Wash Hands 11:50 - 12:30 pm Lunch Potty Break · Wash Hands 12:30 - 2:30 pm Rest Time or Quiet Table Activities Potty Break · Wash Hands 2:30 - 3:00 pm Afternoon Snack 3:00 - 4:00 pm Individual Exploration · Art · Creation · Imagination · Play Potty Break · Wash Hands 4:00 - 5:00 pm Outdoor Play · Gross Motor Wash Hands 5:00 - 5:15 pm Story Discovery 5:15 - 5:45 pm Child Directed Table Activity Time Puzzles · Patterns · Games Manipulative Discovery Potty Break · Wash Hands 5:45 - 6:00 pm Story/Individual Exploration