

## Preschool Program Schedule

7:00 – 8:00 am: Individual Exploration

8:00 – 8:30 am: Child Directed Table Activity Time

Puzzles · Patterns · GamesManipulative Discovery

Potty Break · Wash Hands

8:30 - 9:00 am: Morning Snack

9:00 – 9:30 am: Enrichment Circle Time

Calendar · Weather

• Letter · Number · Color · Shape · Emotion of the week

Sign Language/Spanish Words of the Week

• Story · Interactive Felt Board · Sharing

9:30 – 10:00 am: Small Group Enrichment

• Fine Motor Skills (Writing · Cutting · Tracing)

Nature · Science · Math

Teacher Directed Art · Projects

Sensory Exploration

10:00 – 10:45 am: Individual Exploration  $\cdot$  Art  $\cdot$  Creation  $\cdot$  Imagination  $\cdot$  Play

Potty Break  $\cdot$  Wash Hands

10:45 – 11:30 am: Outdoor Play · Gross Motor

Wash Hands

11:30 - 11:45 am: Music and Movement

• Songs/ Instruments, Free Dance, Parachute Games

11:45 - 12:00 pm: Story Discovery

Potty Break  $\cdot$  Wash Hands

Half Day Preschool Ends · 12:00 pm

12:00 - 12:30 pm: Lunch

12:30 – 2:30 pm: Rest Time or Quiet Table Activities

Potty Break · Wash Hands

2:30 – 3:15 pm: Outdoor Play · Gross Motor (2:45-3:15 on Thursday's)

Wash Hands

3:15 – 3:30 pm: Afternoon Snack

3:30 – 4:00 pm: Small Group Activities

Fine Motor Skills (Writing · Cutting · Tracing)

Nature · Science · Math

• Teacher Directed Art · Projects

Sensory Exploration

4:00 – 4:30 pm: Afternoon Circle Time

• Calendar · Weather

• Letter · Number · Color · Shape · Emotion of the week

Sign Language/Spanish Words of the Week

• Story · Interactive Felt Board · Sharing

4:30 – 5:15 pm: Individual Exploration · Art · Creation · Imagination · Play

Potty Break · Wash Hands

5:15 – 5:30 pm: Music and Movement · Indoor Gross Motor

5:30 – 5:45 pm: Story Discovery

5:45 – 6:00 pm: Child Directed Activities